




Line Mountain Elementary

May/June Lunch Menu

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
 <p>What Makes a Meal? You must choose at least 3 of 5 components available for the school lunch price. Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk *Students must choose at least one fruit or vegetable</p>  <p>Fresh Fruits and Vegetables Offered Daily</p> <p>*Vegetables may include: Broccoli Florets Baby Carrots Dark Leafy Greens Legume Salads Celery & Cucumber *May choose two 1/2 cup servings</p> <p>*Fruits may include: Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears Applesauce *May choose one 1/2 cup serving</p> <p>MENUS SUBJECT TO CHANGE</p>  <p>Milk Choices Offered Daily Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White</p> <p>Lunch Prices: Paid \$1.65 Reduced \$.40</p>	<p>5/1 Chicken Nuggets W/ Buttered Noodles Or Attack Wrap Mixed Vegetables Mandarin Oranges Fat Free Milk</p>	<p>5/2 Potato & Cheese Pierogies W/ Bread Or Hot Dog on a Bun Steamed Broccoli Mixed Berries Fat Free Milk</p>	<p>5/3 Roasted Turkey Dinner W/ Dinner Roll Or Corn Dog Nuggets Mashed Potatoes w/ Gravy Sliced Peaches Fat Free Milk</p>	<p>5/4 Beef Nachos W/ Rice & Refried Beans Or Chicken Patty on a Bun Steamed Corn Applesauce Fat Free Milk</p>	<p>5/5 Plain or Pepperoni Pizza Or Chicken Cheesesteak Steamed Green Beans Garden Salad <u>Frozen Sherbet</u> Fat Free Milk</p>	<p>Week 1 Assorted Salads with Roll Turkey & Cheese Sandwich Peanut Butter & Jelly Sandwich Ham & Cheese Munchable</p>
	<p>5/8 Popcorn Chicken W/ Bread Or Meatball Hoagie Mashed Potatoes W/ Gravy Chilled Pears Fat Free Milk</p>	<p>5/9 <u>Breakfast for Lunch</u> French Toast Sticks W/ Sausage Or Ham & Cheese Pretzel Melt Tater Tots Sliced Peaches Fat Free Milk</p>	<p>5/10 Grilled Cheese W/ Tomato Soup Or Sloppy Joe On A Bun Carrot Coins Rosy Applesauce Fat Free Milk</p>	<p>5/11 Pulled Pork Sandwich W/ Coleslaw Or Chicken Patty on a Bun Baked Beans Frozen Sherbet Fat Free Milk</p>	<p>5/12 Italian Dunkers W/ Marinara Sauce Or Cheeseburger On A Bun Winter Mix Garden Salad Mixed Fruit Fat Free Milk</p>	<p>Week 2 Assorted Salads with Roll Turkey & Cheese Sandwich Peanut Butter & Jelly Sandwich Nacho Munchable</p>
	<p>5/15 Chicken Parmesan W/ Pasta Or Hot Dog On A Bun Steamed Green Beans Garden Salad <u>Frozen Sherbet</u> Fat Free Milk</p>	<p>5/16 Crunchy Or Soft Taco W/ Rice & Refried Beans Or Ham & Cheese Cosmo Steamed Corn Pineapple Tidbits Fat Free Milk</p>	<p>5/17 Chicken & Waffles W/ Gravy Or Corn Dog Nuggets Mashed Potatoes <u>Roasted Sweet Potato Salad</u> Chilled Pears Fat Free Milk</p>	<p>5/18 Macaroni & Cheese W/ Bread Or Hamburger On A Bun Steamed Broccoli Stewed Tomatoes Mandarin Oranges Fat Free Milk</p>	<p>5/19 Chicken Nuggets W/ Buttered Noodles Or Meatball Hoagie French Fries Sliced Peaches Fat Free Milk</p>	<p>Week 3 Assorted Salads with Roll Turkey & Cheese Sandwich Peanut Butter & Jelly Sandwich Bologna & Cheese Munchable</p>
	<p>5/22 Cheesy Chicken Nachos W/ Rice & Refried Beans Or Hot Dog On A Bun Steamed Corn Mixed Fruit Fat Free Milk</p>	<p>5/23 Roasted Pork Dinner W/ Dinner Roll Or Chicken Patty on a Bun Mashed Potatoes w/ Gravy <u>Frozen Sherbet</u> Fat Free Milk</p>	<p>5/24 Spaghetti W/ Meat Sauce Garlic Breadstick Or Cheese Pizza Steamed Green Beans Garden Salad Mixed Fruit Fat Free Milk</p>	<p>5/25 Chicken Pot Pie W/ Bread Or Cheesesteak Hoagie Carrot Coins Rosy Applesauce Fat Free Milk</p>	<p>5/26 Pizza Roll Ups W/ Marinara Sauce Or Fish Sticks W/ Bread French Fries Garden Salad Sliced Peaches Fat Free Milk</p>	<p>Week 4 Assorted Salads with Roll Turkey & Cheese Sandwich Peanut Butter & Jelly Sandwich Nacho Munchable</p>
	<p>5/29 No School</p>	<p>5/30 Walk Away Taco W/ Rice Or Ham & Cheese Pretzel Melt Mashed Potatoes w/ Gravy Applesauce Fat Free Milk</p>	<p>5/31 California Cheeseburger Or Cheese Pizza Steamed Green Beans <u>Frozen Sherbet</u> Fat Free Milk</p>	<p>6/1 Chicken Nuggets W/ Bread Or Hot Dog on a Bun French Fries Sliced Peaches Fat Free Milk</p>	<p>Wellness Wednesday Roasted Sweet Potato Salad</p>	<p>Whole Grains Available Daily</p>