## Line Mountain Middle & High School May/June Lunch Menu

## Nutrition

Food Service Director: Jamie Shiko nutrition@linemountain.com (570) 758-2640 ext.6024

	Monday	Tuesday	Wednesday	Thursday	Friday	$= \overline{T} \cdot \overline{T} $
The Grille	<u>5/1</u> Plain or Buffalo	5/2 Potato & Cheese Pierogies	<u>5/3</u> Roasted Turkey Dinner	<u>5/4</u> Recipe Of The Month	<u>5/5</u> Cheesesteak Bar	lhe Deli
Available Daily:	Chicken Nuggets	W/Bread	W/ Dinner Roll	Beef Nachos	W/ Peppers, Onions,	Available Daily
Breaded Chicken Patty Sandwich &	W/ Buttered Noodles	Steamed Broccoli	Mashed Potatoes W/ Gravy	W/ Spanish Rice	Mushrooms, Cheese	MTO Deli Bar:
Cheeseburger On A Bun	Mixed Vegetables Mandarin Oranges	<u>Frozen Sherbet</u> Fat Free Milk	Sliced Peaches Fat Free Milk	& Refried Beans Steamed Corn	& Sauce French Fries	Assorted deli meats & cheeses, with
Monday: Ham & Cheese Melt	Fat Free Milk			Applesauce	Chilled Pears	various veggies, sauces, &
Tuesday: Meatball Hoagie				Fat Free Milk	Fat Free Milk	seasonings of your choice.
Wednesday: Pulled Pork Sandwich						
Thursday: Spicy Chicken Sandwich	<u>5/8</u>	<u>5/9</u>	<u>5/10</u>	<u>5/11</u>	<u>5/12</u>	Café
Friday: Bacon Cheeseburger	Popcorn Chicken	Macaroni & Cheese	Grilled Cheese	Filled Hamburger Bake	Italian Dunkers	
Ala Carte Grill Items:	W/ Bread Mashed Potatoes	W/ Bread Stewed Tomatoes	W/ Tomato Soup Carrot Coins	W/ Bread Mashed Potatoes	W/ Marinara Sauce Steamed Green Beans	Available Daily
Fries or Tater Tots Available Daily	W/Gravy	Steamed Peas	Rosy Applesauce	W/ Gravy	Garden Salad	Salad Shakers
Monday: Breadsticks w/ Marinara	Pineapple Tidbits Fat Free Milk	Mandarin Oranges Fat Free Milk	Fat Free Milk	Mixed Vegetables	Chilled Pears Fat Free Milk	
Tuesday: Onion Rings	Fat Free Milk	Fat Free Milik		<u>Frozen Sherbet</u> Fat Free Milk	Fat Free Milk	
Wednesday: Mozzarella Sticks	5/15	5/16	5/17	5/18	5/19	ecompaniments
Thursday: Funnel Cakes	<u>5/15</u> Chicken Parmesan	Crunchy or Soft Tacos	<u>5/17</u> Chicken & Waffles	<u>5/16</u> Breakfast for Lunch	<u>5/19</u> Cuban Pork	*Must take at least one 1/2 cup of fruit or vegetable
Friday: Smiley Fries The Gorden Full Salad Bar Available Daily	W/ Pasta Steamed Green Beans Garden Salad Cinnamon Apples Fat Free Milk	W/ Rice & Refried Beans Steamed Corn Pineapple Tidbits Fat Free Milk	W/ Gravy Mashed Potatoes Chilled Pears Fat Free Milk	French Toast Sticks W/ Sausage Tater Tots Sliced Peaches Fat Free Milk	Over Rice Steamed Broccoli <u>Frozen Sherbet</u> Fat Free Milk	*Vegetable Bar includes: Broccoli Florets Baby Carrots Dark Leafy Greens Legume Salads Celery & Cucumber
Available Daily: Cheese or Pepperoni	5/22 Cheesy Chicken Nachos W/ Rice & Refried Beans Steamed Corn Mandarin Oranges	5/23 Roasted Pork Dinner W/ Bread Mashed Potatoes W/ Gravy <u>Frozen Sherbet</u>	<u>5/24</u> Spaghetti W/ Meat Sauce Garlic Breadstick Steamed Green Beans Garden Salad	<u>5/25</u> Chicken Pot Pie W/ Bread Steamed Carrots Rosy Applesauce	<u>5/26</u> Macaroni & Cheese W/ Bread Steamed Broccoli Stewed Tomatoes	Diced Pears Applesauce
Monday: Buffalo Chicken Pizza	Fat Free Milk	Fat Free Milk	Mixed Fruit Fat Free Milk	Fat Free Milk	Sliced Peaches Fat Free Milk	Milk Choices Offered Daily: 1% white, non-fat white, non-fat flavored
Tuesday: Stuffed Crust Pizza						
Wednesday: Meat Lovers' Pizza						Proud to manage your
Thursday: Pierogie Pizza	<u>5/29</u>	5/30	<u>5/31</u> Wolking Tooo	<u>6/1</u> Chicken Nuggets		food service program Nutrition
Friday: Stromboli (See Below)		Corn Dog Nuggets Scalloped Potatoes	Walking Taco W/ Rice	W/ Buttered Noodles	15	Lunch Prices: Paid \$2.30 Reduced \$.40
Stromboli	No School	Frozen Sherbet	Steamed Green Beans	Sweet Peas	Whole Grains Available Daily	The School District does not discriminate on the
5/5 Buffalo Chicken Stromboli		Fat Free Milk	Pineapple Tidbits Fat Free Milk	Sliced Peaches Fat Free Milk	Available Dally	basis of age, race, color, national or ethnic
5/12 Ham & Cheese Stromboli				Fal Fiee IVIIIK		origin, sex or handicap in employment practices or in administration of any of its education
5/19_Italian Stromboli						programs and activities in accordance with
5/26 Veggie Stromboli						applicable federal statutes and regulations. EOE